

## CONCEPT CHECK

- What is the difference between a somatic symptom disorder and a psychosomatic disorder? How are they the same?
- What are the primary diagnostic criteria for each of the following somatic symptom and related disorders?
  - Somatic symptom disorder
  - Illness anxiety disorder
  - Conversion disorder
  - Factitious disorder
- What are important implications for the diagnosis and treatment of somatic symptom disorders due to the fact that many individuals seek help from medical professionals instead of mental health professionals?